

School of Health Professions

PROFESSOR:	PHONE NUMBER:
OFFICE LOCATION:	E-MAIL:
OFFICE HOURS:	SEMESTER:

I. COURSE NUMBER AND TITLE, CATALOG DESCRIPTION, CREDITS:

NUR 1020C Fundamentals of Nursing I (5 CREDITS)

This didactic, lab, and clinical course provides students with key concepts fundamental to nursing practice. The wellness-illness continuum will lay the foundation for future study. Students are introduced to the nursing process as a method of problem solving with communication and interpersonal relationships as central components. Serious attention is given to skills that are essential to safe nursing practice. Supervised practice will provide the student opportunities to assist patients. Theoretical instruction and clinical experience in adult and geriatric nursing are incorporated, as well as HIPAA regulations and the implications to healthcare.

II. <u>PREREQUISITES FOR THIS COURSE:</u>

Acceptance to the ASN program

CO-REQUISITES FOR THIS COURSE:

None

III. GENERAL COURSE INFORMATION: Topic Outline.

- Nursing and the health care delivery system across the lifespan
- Theoretical foundations of nursing practice
- Evidence-based nursing practice
- Interprofessional communication, principles of therapeutic interaction
- Cultural sensitivity
- Principles of nutrition and cultural influences on food habits
- Health promotion and disease prevention: infection control, hygiene, body mechanics, pain and comfort, asepsis, cardiac and respiratory function, wound prevention and healing
- Clinical/critical decision making for professional nursing practice, prioritization and delegation of care
- Documentation of nursing care, nursing informatics

IV. <u>ALL COURSES AT FLORIDA SOUTHWESTERN STATE COLLEGE CONTRIBUTE TO THE GENERAL EDUCATION</u> <u>PROGRAM BY MEETING ONE OR MORE OF THE FOLLOWING GENERAL EDUCATION COMPETENCIES:</u>

Communicate clearly in a variety of modes and media.

Research and examine academic and non-academic information, resources, and evidence.

Evaluate and utilize mathematical principles, technology, scientific and quantitative data.

Analyze and create individual and collaborative works of art, literature, and performance.

 ${f T}$ hink critically about questions to yield meaning and value.

Investigate and engage in the transdisciplinary applications of research, learning, and knowledge.

Visualize and engage the world from different historical, social, religious, and cultural approaches.

Engage meanings of active citizenship in one's community, nation, and the world.

A. General Education Competencies and Course Outcomes

1. Listed here are the course outcomes/objectives assessed in this course which play an integral part in contributing to the student's general education along with the general education competency it supports.

General Education Competency: Communicate

Course Outcomes or Objectives Supporting the General Education Competency Selected:

- Demonstrate effective strategies for communication with the interdisciplinary healthcare team that promote collaborative decision making to produce optimal patient/client outcomes.
- Demonstrate effective communication in providing nursing care.

B. Other Course Objectives/Standards

- Explain how cultural/spiritual beliefs impact a client/patient view of health and wellness
- Recognize strategies that promote effective patient/client care to meet the needs of adult patients
 related to time, personnel, informatics and cost to continuously improve the quality and safety of
 health care systems
- Apply the Nursing Process as the framework of nursing care.
- Apply basic nursing concepts of caring, wellness, health promotion, disease prevention, dosage calculation, holistic care, and culture.
- Perform basic nursing skills competently.
- Identify the chain of command and its importance in the profession of nursing.
- Apply safe nursing care practices.
- Apply skills necessary to perform a comprehensive health history, psychosocial, and physical health assessment.

- Recognize scope of practice for the professional nurse and appropriate delegation.
- Describe the roles and responsibilities of the professional nurse.
- Demonstrate accountability for basic nursing care given by self and/or delegated to others.

V. DISTRICT-WIDE POLICIES:

PROGRAMS FOR STUDENTS WITH DISABILITIES

Florida SouthWestern State College, in accordance with the Americans with Disabilities Act and the College's guiding principles, offers students with documented disabilities programs to equalize access to the educational process. Students needing to request an accommodation in this class due to a disability, or who suspect that their academic performance is affected by a disability should contact the Office of Adaptive Services at the nearest campus. The office locations and telephone numbers for the Office of Adaptive Services at each campus can be found at http://www.fsw.edu/adaptiveservices.

REPORTING TITLE IX VIOLATIONS

Florida SouthWestern State College, in accordance with Title IX and the Violence Against Women Act, has established a set of procedures for reporting and investigating Title IX violations including sexual misconduct. Students who need to report an incident or need to receive support regarding an incident should contact the Equity Officer at <u>equity@fsw.edu</u>. Incoming students are encouraged to participate in the Sexual Violence Prevention training offered online. Additional information and resources can be found on the College's website at <u>http://www.fsw.edu/sexualassault</u>.

VI. <u>REQUIREMENTS FOR THE STUDENTS:</u>

List specific course assessments such as class participation, tests, homework assignments, make-up procedures, etc.

VII. ATTENDANCE POLICY:

The professor's specific policy concerning absence. (The College policy on attendance is in the Catalog, and defers to the professor.)

VIII. GRADING POLICY:

Include numerical ranges for letter grades; the following is a range commonly used by many faculty:

 90 - 100
 =
 A

 80 - 89
 =
 B

 70 - 79
 =
 C

 60 - 69
 =
 D

 Below 60
 =
 F

(Note: The "incomplete" grade ["I"] should be given only when unusual circumstances warrant. An "incomplete" is not a substitute for a "D," "F," or "W." Refer to the policy on "incomplete grades.)

IX. REQUIRED COURSE MATERIALS:

(In correct bibliographic format.)

X. <u>RESERVED MATERIALS FOR THE COURSE:</u>

Other special learning resources.

XI. <u>CLASS SCHEDULE:</u>

This section includes assignments for each class meeting or unit, along with scheduled Library activities and other scheduled support, including scheduled tests.

XII. ANY OTHER INFORMATION OR CLASS PROCEDURES OR POLICIES:

(Which would be useful to the students in the class.)