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| **PROFESSOR:** | **PHONE NUMBER:** |
| **OFFICE LOCATION:** | **E-MAIL:** |
| **OFFICE HOURS:** | **SEMESTER:** |

1. **COURSE NUMBER AND TITLE, CATALOG DESCRIPTION, CREDITS:**

**NUR 1020 NURSING CONCEPTS: HEALTH AND WELLNESS ACROSS THE LIFESPAN (5 CREDITS)**

This course introduces concepts within the FSW nursing philosophy: health, people and nursing as a profession. Emphasis is placed on the introduction of the concepts of nursing responsibilities, professionalism, assessment, health, wellness, and illness. Upon completion of the course students will be able to apply the concepts to client care, individual-centered care, and quality care goals.

1. **PREREQUISITES FOR THIS COURSE:**

Acceptance to the Nursing Program

**CO-REQUISITES FOR THIS COURSE:**

NUR 1020L

1. **GENERAL COURSE INFORMATION:** Topic Outline.

* Accountability
* Acid-base
* Advocacy
* Assessment
* Caring Interventions
* Cognitive
* Collaboration
* Comfort
* Communication
* Concept of Health, Wellness, and Illness
* Culture and Diversity
* Development
* Digestion
* Elimination
* Ethics
* Family
* Fluid & Electrolytes
* Health Policy
* Healthcare Systems
* Immunity
* Informatics
* Intracranial Regulation
* Legal Issues
* Metabolism
* Mobility
* Nutrition
* Oxygen
* Perfusion
* Professional Behaviors
* Safety
* Self
* Sensory Perception
* Sexuality
* Spirituality
* Teaching and Learning
* Thermoregulation
* Tissue Integrity

1. **All courses at Florida SouthWestern State College contribute to the general education program by meeting one or more of the following general education competencies:**

**C**ommunicate clearly in a variety of modes and media.

**R**esearch and examine academic and non-academic information, resources, and evidence.

**E**valuate and utilize mathematical principles, technology, scientific and quantitative data.

**A**nalyze and create individual and collaborative works of art, literature, and performance.

**T**hink critically about questions to yield meaning and value.

**I**nvestigate and engage in the transdisciplinary applications of research, learning, and knowledge.

**V**isualize and engage the world from different historical, social, religious, and cultural approaches.

**E**ngage meanings of active citizenship in one’s community, nation, and the world.

**A.**  **General Education Competencies and Course Outcomes**

1. Listed here are the course outcomes/objectives assessed in this course which play an integral part in contributing to the student’s general education along with the general education competency it supports.

General Education Competency: **Think**

Course Outcomes or Objectives Supporting the General Education Competency Selected:

* Explain evidence-based practice and how this concept relates to other concepts.

**B.** **Other Course Objectives/Standards**

* Describe holistic advocacy for diverse patient/client populations and their families in ways that promote health, self-determination, integrity, and ongoing growth as human beings.
* Describe culture of caring, safety, quality care, and nursing judgment and how these concepts relate to the needs of patients and families in a community context.
* Describe the roles and responsibilities of the professional nurse.
* Describe effective strategies for communicating with diverse populations throughout the lifecycle.
* Describe effective strategies for communication with the interdisciplinary healthcare team that promotes collaborative decision making to produce optimal patient/client outcomes
* Recognize concepts that promote effective patient/client care to meet the needs of adult patients related to time, personnel, informatics and cost to continuously improve the quality and safety of health care systems.
* Apply skills necessary to perform a comprehensive health history
* Describe the psychomotor techniques necessary to perform a psychosocial and physical assessment
* Explain how cultural/spiritual beliefs impact a client/patient view of health and wellness
* Explain how client/patient diversity affects the delivery of nursing care
* Describe the concept of Health, Wellness and Illness as it relates to health promotion
* Describe common assessments related to the biophysical concepts of Nutrition, Mobility, Sensory Perception and Tissue Integrity

1. **DISTRICT-WIDE POLICIES:**

**Programs for Students with Disabilities**

Florida SouthWestern State College, in accordance with the Americans with Disabilities Act and the College’s guiding principles, offers students with documented disabilities programs to equalize access to the educational process. Students needing to request an accommodation in this class due to a disability, or who suspect that their academic performance is affected by a disability should contact the Office of Adaptive Services at the nearest campus. The office locations and telephone numbers for the Office of Adaptive Services at each campus can be found at <http://www.fsw.edu/adaptiveservices>.

**REPORTING TITLE IX VIOLATIONS**

Florida SouthWestern State College, in accordance with Title IX and the Violence Against Women Act, has established a set of procedures for reporting and investigating Title IX violations including sexual misconduct.  Students who need to report an incident or need to receive support regarding an incident should contact the Equity Officer at [equity@fsw.edu](mailto:equity@fsw.edu).  Incoming students are encouraged to participate in the Sexual Violence Prevention training offered online.  Additional information and resources can be found on the College’s website at <http://www.fsw.edu/sexualassault>.

1. **REQUIREMENTS FOR THE STUDENTS:**

List specific course assessments such as class participation, tests, homework assignments, make-up procedures, etc.

1. **ATTENDANCE POLICY:**

The professor’s specific policy concerning absence. (The College policy on attendance is in the Catalog, and defers to the professor.)

1. **GRADING POLICY:**

Include numerical ranges for letter grades; the following is a range commonly used by many faculty:

90 - 100 = A

80 - 89 = B

70 - 79 = C

60 - 69 = D

Below 60 = F

(Note: The “incomplete” grade [“I”] should be given only when unusual circumstances warrant. An “incomplete” is not a substitute for a “D,” “F,” or “W.” Refer to the policy on “incomplete grades.)

1. **REQUIRED COURSE MATERIALS:**

(In correct bibliographic format.)

1. **RESERVED MATERIALS FOR THE COURSE:**

Other special learning resources.

1. **CLASS SCHEDULE:**

This section includes assignments for each class meeting or unit, along with scheduled Library activities and other scheduled support, including scheduled tests.

1. **ANY OTHER INFORMATION OR CLASS PROCEDURES OR POLICIES:**

(Which would be useful to the students in the class.)