



## Is this the year you Go For The Gold? Get ACSM Certified

### ACSM Certified Personal Trainer<sup>SM</sup> Three-Day Workshop

#### Prepare for Certification

This is the exclusive workshop of the American College of Sports Medicine (ACSM), and is delivered by Fitness Education Network for participants who are interested in attaining the highly respected ACSM Certified Personal Trainer<sup>SM</sup> credential. FitnessEdNet will help you attain the "gold standard" in Personal Trainer Certification, as well as the practical knowledge and skill needed to be a top-notch trainer in today's evolving fitness industry. This workshop provides state-of-the-art information in the exercise sciences, including updated ACSM and industry guidelines as well as behavioral objectives, dimensions of wellness and more. This is the ultimate hands-on preparation. Let FitnessEdNet help you put the power of the ACSM Certified Personal Trainer<sup>SM</sup> credential behind your name. Save \$30 on the ACSM Certified Personal Trainer<sup>SM</sup> exam when you register through FitnessEdNet. 20.75 CEC's ACSM

#### Weekend Workshop

**1/26/2018 - 1/28/2018**

Fri.(1pm-9:30pm) Sat.(8am-5:30pm) Sun.(9am-4pm)

Cost: \$375

### Florida SouthWestern State College

13350 FSW Parkway  
Suncoast Credit Union Arena  
Fort Myers, FL 33919  
239-489-9093

### ACSM Certified Personal Trainer<sup>SM</sup> One-Day Workshop

#### Certification Review

This program is designed for currently and previously certified personal trainers who feel confident in their basic knowledge of Exercise Physiology, Anatomy and Kinesiology. This program will provide the specific knowledge necessary to be successful in attaining the ACSM Certified Personal Trainer<sup>SM</sup> credential. The program will give you updated ACSM and other pertinent industry guidelines as well as provide you with the opportunity to review, practice and prepare to put the power of the new ACSM Certified Personal Trainer<sup>SM</sup> credential behind your name.

7.5 CEC's ACSM

#### Sunday Workshop

**1/28/2018**

9am-4pm

Cost: \$129



**Fitness  
Education  
Network**  
FitnessEdNet.com

ACSM recommends 3 textbooks, which can be purchased at a discount at [www.FitnessEdNet.com](http://www.FitnessEdNet.com). Buy all 3 books and save.

To Register for this workshop go to:  
[www.acsm.org](http://www.acsm.org) or call 800-486-5643  
For more information on this workshop go to:  
[www.FitnessEdNet.com](http://www.FitnessEdNet.com)

