

Human Services Degree

This program is for those wishing to build a rewarding career helping others who are experiencing personal and socialization problems. This field is on the Workforce Development Boards list of high need and high pay as a growing field. The Associate Degree in Human Services will prepare you for entry-level positions in social services or for transfer to four-year colleges or universities to pursue human services, psychology, social work, sociology and other related social science majors.

Earning potential: \$19,000-\$32,000 per year

Florida Department of Education: The HUS prefix includes courses dealing with general human services skills and subspecialties, such as addictions. Skills taught in human services courses include interviewing, planning and intervention, coaching, counseling, case management and advocacy, referral, health and safety issues, behavior modification, consultation and awareness of professional ethics and state/Federal regulations.

Graduates of a human services program operate as team members, usually under the supervision of a licensed professional.

The A.S. degree in Human Services assists students to acquire additional skills that articulate to a bachelor degree program.

Admission Requirements:

- Mandatory program orientation
- Background check prior to clinical experiences.

This degree may be offered online or in a face to face setting.

Human Services Program Outcomes

1. Upon graduation the student will be able to work in a community setting or inpatient setting as an assistant counselor in general human skills or subspecialties like addiction with the following skills: interviewing, planning and intervention, coaching, referral, counseling, case management, health and safety issues, behavior modification, consultation with an awareness of professional ethics.

Human Services (Generalist) Program Learning Outcomes:

Upon graduation, the student will:

1. Develop a program advocating for people regarding available community resources.
2. Apply a variety of populations including individuals who are chemically dependent, mentally disabled, developmentally disabled or abused.
3. Demonstrate in the clinical setting and classroom, effective therapeutic communication while interviewing and counseling situations
4. List the functions of the various levels of professions in human services.
5. Create an analysis of interconnectedness of major social issues, social problems: addiction, depression, coping disorders
6. Demonstrate basic methods used to evaluate people with mental health and developmental disabilities

7. List common treatment approaches for key concepts, goals of therapy, unique contributions and limitations of treatment modalities
8. Apply knowledge of legal and ethical standards of human service care.

Assessment of Program Outcomes:

1. Capstone course: successful completion
2. Employment rate

Suggested Curriculum

A grade of C or higher is required to continue each semester in each course.

General Education Requirements:

ENC 1101	Composition I	3 credits
SYG 1000	Intro to Sociology	3 credits
MGF 1106	Mathematics for Liberal Arts	3 credits
BSC 1084	Anatomy and Physiology	3 credits
SPC 1017	Fundamentals of Speech Communication	3 credits
DEP 2004	Human Growth and Development	3 credits
PSY 2012	General Psychology	3 credits
See catalog	<u>Humanities Course (Writing Intensive)</u>	<u>3 credits</u>
		24 credits

Core Courses:

HUS 1001	Introduction to Human Services	3 credits
HUS 2302	Basic Counseling Skills	3 credits
HUS 1111C	Introduction to Intra and Inter Personal Processes	3 credits
HUS 1324	Theories and Foundations of Crisis Intervention	2 credits
HUS 1013	Self Esteem in Human Services	3 credits
HUS 2200	Dynamics of Groups and Group counseling	3 credits
HUS 2308L	Resident Counseling Theory I	3 credits
HUS 2311	Studies in Behavioral Modification	3 credits
HUS 2681	Pharmacology in Drug Abuse	3 credits
HUS 2341	Introduction to Chemical Dependence and Addictions	3 credits
HUS 2540	Building Stronger families and communities	3 credits
HUS 2310	Case Management Problem Solving	3 credits
HUS elective (HUS 1400, HUS 2404, HUS 2420, HUS 2428)		3 credits
<u>HUS 2309L</u>	<u>Resident Counseling Theory II (Capstone)</u>	<u>3 credits</u>

41 credits

Total for Generalist Track: 65 credits

Alcohol and/or Substance Abuse Track*(student would take three of below courses)

HUS 1400	Alcoholism and Other Drug Abuse	3 credits
HUS 2420	Evaluation of treatment environments	3 credits
HUS 2404	Working with Alcoholics and Other Drug Abusers	3 credits
HUS 2428	Treatment and Resources in substance abuse	3 credits

Total Credits

47 credits

Total Program Credits 74 credits

*The student may take the general counseling track and complete the program with 65 credits, or may take 9 more credits to complete requirements of the Alcohol and/or Substance Abuse Track. The substance abuse track trains students to become part of the solution to America's drug and alcohol abuse crisis. This program can lead students to become Certified Addiction Professionals (CAP), Certified Addiction Counselors (CAC) and Certified Addiction Specialists (CAS) by Florida Certification Board.

Course Descriptions

Course Number	Course Title	Course Description	(N) New or (E) Existing	Core (C) or General (G)	Credits
HUS 1001	Introduction to Human Services	This course explores the field of human services, including health, mental health, public administration,	E	G	3
HUS 1111C	Introduction to Intra and Inter Personal Processes	Fundamental skills of interpersonal communication. Various theories of mental health are examined and the dynamics of both normal and dysfunctional interactions are explored.	N	C	3
HUS 1324	Theories and foundations of crisis intervention	Personality theories and therapeutic implications. Concepts of behavior change. Community intervention. Preventive measures.	N	C	3
HUS 1013	Self esteem in Human Services	This course is to assist students in integrating self esteem principles and methods into human services practice. Students will learn and apply techniques for enhancing self-esteem and then integrate them into human services practice. The student will learn skills fro assessing and improving their own self-concepts and also incorporate these skills into their work in the human services field.	N	C	3
HUS 2200	Dynamics of Groups and Group Counseling	This course provides students with techniques and rationale for groups and group counseling within the realm of: 1. The community and its human service networks; 2. Group processes; 3.	N	G	3

		Group dynamics, including cohesion, conflict problem solving and communication systems.			
HUS 2302	Basic Counseling Skills	In this course, emphasis is placed on the encouragement of personal growth and the development of fundamental interpersonal helping skills, as well as the promotion of knowledge of styles of helping fostered in a variety of human service settings.	E	G (AA)	3
HUS 2311	Studies in Behavioral Modification	1. Learning theory and motivation. 2. Principles of behavior modification. 3. Application of behavior modification techniques in human services practices.	N	C	3
HUS 2310	Case Management and Problem Solving				
HUS 2308L	Resident Counseling Theory I	Various theories applied to counseling. In depth examination of therapeutic techniques used in human service environment.	N	C	2
HUS 2309L	Resident Counseling II	Progression from Counseling theory I. the theories of counseling which will be reviewed are: Adlerian, Existential, Gestalt, Reality therapy, and Cognitive behavioral. Also, the practice of brief counseling will be discussed. The view of the nature of man espoused by each theory will be investigated. Further, the perspective of each theory regarding psychological functioning and the client-counselor relationship will be discussed. The course will examine the value and the limitations of each theory for mental health/human service clients. Ethical issues in counseling will be revisited.	N	C	2
HUS 2341	Introduction to Chemical dependence and addictions	Course includes: Basic overview of the disease of addiction/chemical dependency, historical perspective of addiction and disorders, DSM-IV criteria necessary to diagnose addiction/dependence and abuse, introductory knowledge on the permanent brain chemistry	N	C elective	3

		changes, theoretical basis for treating addiction, awareness of self-help groups relating to addiction and the 12-Step Program.			
HUS 2420	Evaluation of Treatment Environments				
HUS 1400	Alcoholism and Other Drug Abuse		Current Course		
HUS 2681	Pharmacology and Drug Abuse	The nature of drug addiction and dependence, classification of drugs and their effects, drug education laws, prevention, treatment of abusers and rehabilitation.	N	C	3
HUS 2428	Treatment and Resources in substance abuse	The symptoms of drug abuse, the usual progression of substance abuse, the effect of substance abuse on specific groups, intervention opportunities for abusers, the phases of recovery, the significance of denial, prevention strategies.	N	C	3
HUS 2540	Building Stronger Families and Communities	Course provides an understanding of the essential role that human service professionals play in facilitating healthy families and communities. The effects of poverty, inequality, unemployment, child abuse, substance abuse, and domestic violence are included.			
HUS 2404	Working with Alcoholics and Other Drug Abusers				

Sample Curriculum-Human Services

Generalist

*Denotes Core Human Services Courses

1st Semester---Fall

<u>Course</u>	<u>Credits</u>
ENC 1101 English Composition	3
PSY 2012 General Psychology	3
MGF 1106 Mathematics for Liberal Arts	3
SYG 1000 Introduction to Sociology	3
*HUS 1001 Introduction to Human Services	<u>3</u>
	15

2nd Semester—Spring

*HUS 1111C Introduction to Intra and Inter Personal Processes	3
HUM Elective (Writing Intensive)	3
DEP 2004 Human Growth and Development	3
BSC 1084 Anatomy and Physiology	3
SPC 1017 Fundamentals of Speech Communications	<u>3</u>
	15

3rd Semester—Summer

*HUS 2111 Basic Counseling Skills	3
*HUS 1324 Theories and Foundations of Crisis Intervention	2
*HUS 2681 Pharmacology in Drug Abuse	3
*HUS 1013 Self Esteem in Human Services	<u>3</u>
	11

4th Semester---Fall

*HUS 2308L Resident Counseling Theory I	3
*HUS 2311 Studies in Behavioral Modification	3
*HUS 2341 Introduction to Chemical Dependence and Addictions	3
*HUS 2200 Dynamics of Groups and Group Counseling	<u>3</u>
	12

5th Semester---Spring

*HUS 2540 Building Stronger families and communities	3
*HUS Elective (HUS 1400, HUS 2420, HUS 2404, or HUS 2428)	3
*HUS 2310 Case Management Problem Solving	3
*HUS 2309L Resident Counseling Theory II(Capstone)	<u>3</u>
	12

Total: 65 credits

Sample Curriculum Additions Track

*Indicates addition courses added on to Basic Human Services Tract

1st Semester---Fall

<u>Course</u>	<u>Credits</u>
ENC 1101 English Composition	3
PSY 2012 General Psychology	3
MGF 1106 Mathematics for Liberal Arts	3
SYG 1000 Introduction to Sociology	3
HUS 1001 Introduction to Human Services	<u>3</u>
	15

2nd Semester—Spring

HUS 1111C Introduction to Intra and Inter Personal Processes	3
HUM Elective (Writing Intensive)	3
DEP 2004 Human Growth and Development	3
BSC 1084 Anatomy and Physiology	3
SPC 1017 Fundamentals of Speech Communications	<u>3</u>
	15

3rd Semester—Summer

HUS 2111	Basic Counseling Skills	3
HUS 1324	Theories and Foundations of Crisis Intervention	2
HUS 2681	Pharmacology in Drug Abuse	3
HUS 1013	Self Esteem in Human Services	3
*HUS 1400	Alcohol and other Drug Abuses	<u>3</u>
		14

4th Semester---Fall

HUS 2308L	Resident Counseling Theory I	3
HUS 2311	Studies in Behavioral Modification	3
HUS 2341	Introduction to Chemical Dependence and Addictions	3
HUS 2200	Dynamics of Groups and Group Counseling	3
*HUS 2404	Working with Alcoholics and Others	<u>3</u>
		15

5th Semester---Spring

HUS 2540	Building Stronger families and communities	3
*HUS 2420	Evaluation of Treatment Environments	3
HUS 2310	Case Management Problem Solving	3
*HUS 2428	Treatment and Resources in Substance Abuse	3
HUS 2309L	Resident Counseling Theory II (Capstone)	<u>3</u>
		15

Total 74 credits